

**RICHLAND PARISH HOSPITAL
CAFETERIA MENU
DECEMBER 3, – DECEMBER 9, 2017
SERVING TIME: 12:00 – 1:00 PM**

SUNDAY

- Roast Beef w/AuJus
- Chicken Tenders
- Mashed Potatoes
- Seas. Green Beans/ Calif. Blend Veg.
- Tossed Salad
- Peach Cobbler
- Hot Rolls/ Wheat Bread
- Iced Tea

MONDAY

- Baked Chicken
- Chopped Beef Steaks w/onions
- Macaroni & Cheese/ Potato w/skin
- Turnip Greens
- Zucchini & Tomatoes
- Chuck Wagon Corn
- Tossed Salad/ Carrot Raisin Salad
- Goopy Butter Cake/ Choc. Pudding
- Cornbread Muffins/ Wheat Bread
- Iced Tea

TUESDAY

- Meat Sauce/ Spaghetti
- Grilled Chicken Breast*
- Broccoli & Cheese Soup
- Italian Blend Veg./ Broccoli Florets
- Cr. English Peas
- Tossed Veg. Salad
- Chocolate Cake/ Lemon Squares
- French Bread/ Wheat Bread
- Iced Tea

WEDNESDAY

- Fried Chicken w/gravy
- Sweet –N- Sour Meatballs
- Mashed Potatoes/ Bu. Noodles
- Green Beans/ Glazed Carrots
- Steamed Cabbage
- Tossed Salad/ Chicken Salad on Lett.*
- Banana Pudding
- Fresh Fruit Cup*
- Hot Rolls/ Cornbread
- Iced Tea

THURSDAY

- Baked Pork w/gravy
- Taco Soup
- Steamed Rice
- Stewed Squash/ Lima Beans
- Veggie Sticks
- Tossed Salad/ Fruit Cup*
- Creamy Pineapple Pie/ Angel Food Cake
- C.B. Muffins/ Wheat Bread
- Iced Tea

FRIDAY

- Fried Catfish w/Tartar Sauce
- Hamburger on Bun w/fixings
- French Fries
- Okra & Tomatoes
- Harvard Beets
- Confetti Slaw/ Tossed Salad
- Assorted Cookies
- Hushpuppies/ White Bread
- Iced Tea

SATURDAY

- Hamburger Steaks w/ gravy
- Rice
- Calif. Blend Veg.
- Tossed Veg. Salad
- Peach Halves W/cottage cheese
- Rolls
- Iced Tea

HEALTHY CHOICES